

PRESCRIBING COMMISSIONING POLICY: GLUTEN FREE FOOD

**NHS West Cheshire Clinical
 Commissioning Group does not fund
 the prescribing of Gluten Free (GF)
 Food.**

Note: Patients who are not eligible for treatment under this policy may be considered on an individual basis where their GP or consultant believes exceptional circumstances exist that warrant deviation from the rule of this policy.

Individual cases will be reviewed at the NHS West Cheshire Clinical Commissioning Group Individual Funding Request Panel upon receipt of a completed application form from the patient's GP, Consultant or Clinician.

Applications cannot be considered from patients personally.

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Author(s)	Gill Hughes/ Barbara Perry Prescribing Advisors Medicines Management Team, Midlands and Lancashire Commissioning Support Unit
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Author(s) Contact(s) for further information about this document	Contact for further information: Enquiries.wcheshireccg@nhs.net Tel: 0800 132 996 Authors: Gill Hughes Prescribing Advisor Medicines Management Team, Midlands and Lancashire Commissioning Support Unit Barbara Perry Senior Medicines Optimisation Lead Medicines Management Team, Midlands and Lancashire Commissioning Support Unit
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Nëse keni pyetje ose komente në lidhje me këtë informacion ose dëshironi t'a keni atë të përkthyer në gjuhën tuaj, ju lutemi telefononi në 01244 650368. Ju lutemi thoni emrin e gjuhës tuaj tre herë, së bashku me numrin tuaj telefonik. Ne do të marrim masa që një përkthyes përmes telefonit t'ju telefonojë juve.

Albanian

إن كان يوجد لديك أي أسئلة أو ملاحظات حول هذه المعلومات أو إذا أردت ترجمة لها في لغتك الخاصة، يرجى الاتصال بالرقم 01244 650368. نرجو أن تعطي أسم لغتك ثلاثة مرات سوية مع رقم هاتفك. سوف نقوم بعد ذلك بالطلب من مترجم ليعيد الاتصال بك.

Arabic

আপনার যদি এই তথ্য সম্পর্কে কোন প্রশ্ন অথবা অভিমান থাকে অথবা সেটা যদি আপনার মাতৃভাষায় অনুবাদ করানো চান তাহলে অনুগ্রহ করে 01244 650368 নম্বরে টেলিফোন করুন। আপনার টেলিফোন নম্বর বনুন ও আপনার ভাষার নাম তিনবার অনুগ্রহ করে বনুন। আপনাকে পুনরায় ফোন বা কল ব্যাক করার জন্যে আমরা একজন দোভাষীর ব্যবস্থা করবো।

Bengali

如果你對本資訊有任何疑問或意見，或者你希望將它翻譯成你的母語版本，請致電 01244 650368。請在電話中說明你所需的語言，以及你的電話號碼（請重複表述三次）。我們會在回復你的電話時安排電話口譯服務。

Cantonese

જો તમને આ માહિતી વિષે કોઈ પ્રશ્નો અથવા ટીકા- ટિપ્પણો હોય અથવા તમારી પોતાની ભાષામાં તેનો તરજૂમો કરવામાં આવે તેવી ઈચ્છા હોય તો, કૃપા કરી 01244 650368 ઉપર ટેલિફોન કરો. કૃપા કરી તમારી ભાષાનું નામ ત્રણ વખત જણાવી, તેની સાથે તમારો ટેલિફોન નંબર આપશો. અમે ટેલિફોન ઈન્ટરપ્રિટર સાથે તમને વળતો જવાબ આપવાની ગોઠવણ કરીશું.

Gujarati

就这一信息如果你有任何疑问或者看法，或者你希望将它翻译成你的母语版本，请致电 01244 650368。请在电话中说明你需要的语言，以及你的电话号码（请重复表述三次）。我们会在回复你的电话时安排电话口译服务。

Mandarin

Jeżeli masz jakieś pytania lub komentarze dotyczące tych informacji lub potrzebujesz otrzymać je przetłumaczone na własny język, prosimy o zatelefonowanie pod numer: 01244 650368. Prosimy o trzykrotne wypowiedzenie nazwy swojego języka oraz podanie numeru telefonu. Zamówimy tłumacza, który do Ciebie oddzwoni.

Polish

ਜੇਕਰ ਇਸ ਜਾਣਕਾਰੀ ਦੇ ਬਾਰੇ ਤੁਹਾਡੇ ਕੋਈ ਸੁਆਲ ਹਨ ਜਾਂ ਕੋਈ ਟਿੱਪਣੀ ਹੈ ਜਾਂ ਤੁਸੀਂ ਇਸ ਦਾ ਤਰਜਮਾ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿਚ ਕਰਵਾਉਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ 01244 650368 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ। ਕਿਰਪਾ ਕਰਕੇ ਆਪਣੀ ਭਾਸ਼ਾ ਦਾ ਨਾਂ ਆਪਣੇ ਟੈਲੀਫੋਨ ਨੰਬਰ ਦੇ ਨਾਲ ਤਿੰਨ ਵਾਰ ਲਵੋ। ਅਸੀਂ ਟੈਲੀਫੋਨ ਦੁਬਾਸ਼ੀਏ ਵੱਲੋਂ ਤੁਹਾਨੂੰ ਫੋਨ ਕਰਵਾਉਣ ਦੀ ਵਿਵਸਥਾ ਕਰਾਂਗੇ।

Punjabi

اگر اس معلومات سے متعلق آپ کے سوالات ہیں یا آپ کی کوئی رائے ہے یا آپ اس کا اپنی زبان میں ترجمہ کروانا چاہتے ہیں تو براہ کرم ہمیں 01244 650368 پر ٹیلی فون کریں۔ اپنی زبان کا نام اپنے ٹیلی فون نمبر کے ساتھ تین بار کہیں۔ ہم ٹیلی فون مترجم کے ذریعہ آپ کو ٹیلی فون کروانے کا انتظام کریں گے۔

Urdu

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1. INTRODUCTION

1.1 NHS West Cheshire Clinical Commissioning Group currently spends approximately £146k annually on the prescribing of gluten free (GF) food. The current total cost of GF food on prescription within NHS West Cheshire Clinical Commissioning Group is significantly higher than the England and Wales average*.

1.2 * Ref Prescqipp March-May 2016 data: gluten free cost per 1000 patients in West Cheshire= £44.36. England and Wales minimum £0.04, average=£33.01, maximum £71.24. Rank 153 out of 216 CCGs for lowest gluten free food cost (North Norfolk ranked 1st)

1.2 Patients with gluten-sensitive enteropathy, including coeliac disease, should follow a strict GF diet.

1.3 Prescribing costs of GF food are expected to increase annually as increasing numbers of patients are diagnosed with gluten-sensitive enteropathy. There is also pressure on clinicians to prescribe GF foods for patients with other conditions that are not covered by NHS exemptions.

1.4 GF food is expensive when obtained via NHS prescription, and is considerably more costly than the price of purchasing GF food. GF foods are available in supermarkets with a wide variety of choice. In some supermarkets GF staple foods e.g. bread and flour are more expensive than equivalent gluten containing items. However, many coeliac patients can alter their diet to replace bread with naturally gluten-free foods e.g. rice, potato.

2. SCOPE AND PURPOSE OF THE POLICY

2.1 The purpose of this policy is to outline the decision taken by NHS West Cheshire Clinical Commissioning Group to stop all prescribing of GF food and to support prescribers to implement this decision.

2.2 This policy will ensure equity of service for all residents of West Cheshire and will allow the same expectation of what will be provided from the GP Practice or other services.

2.3 This policy applies to all services contracted by or delivered by the NHS across West Cheshire CCG including:

- a) GP Practices – GPs and any other Prescribers
- b) Out of hours and extended hours providers
- c) Acute Hospitals
- d) Out-Patient Clinics
- e) NHS Community Providers
- f) Independent providers
- g) Community pharmacies

2.4 This policy applies to all people (adults and children) who are registered with a GP in West Cheshire (permanent or temporary resident) or who access a NHS service in West Cheshire.

3. GLUTEN FREE FOOD PRESCRIBING

3.1 NHS West Cheshire Clinical Commissioning Group will not fund the prescribing of GF foods in West Cheshire for any patient.

3.2 The current arrangement for patients to be supported with advice from the Countess of Chester Dietetics team will continue.

3.3 Patients will be expected to purchase GF foods if required. Patients should be signposted to appropriate sources of information on maintaining a healthy gluten-free diet.

4. MONITORING PRESCRIBING POLICY IMPLEMENTATION: GF FOOD PRESCRIBING REVIEW

4.1 NHS West Cheshire Clinical Commissioning Group has a duty to ensure that the local NHS budget is spent in an appropriate way.

4.2 The Governing Body is responsible for ensuring that all agreed actions are carried out by healthcare professionals according to this policy.

4.3 Implementation of the policy will be monitored via ePACT data and recorded within the CCG Financial Recovery Plan.

Appendix 1.

- [Patient letter](#) and information sheet (to be issued by GP Practices to all registered patients affected by the decision) - to include arrangements for re-imburement of pre-payment certificates, contact details for concerns, patient advice eg. Eatwell plate ([The Eatwell Guide - Live Well - NHS Choices](#)), [Gluten-free checklist - Coeliac UK](#), Coeliac UK food and drink directory (available to coeliac UK members only), Coeliac UK GF food checker mobile app , arrangements for ongoing education and support.

Appendix 2. References/resources and associated documents

Prescribing for clinical need and gluten-free foods policy. Heywood Middleton and Rochdale Clinical Commissioning Group.

Guidance on the prescribing of gluten-free foods. PrescQIPP. Bulletin 69 February 2015 4.1 Available at: <https://www.prescqipp.info/resources/send/81-gluten-free/1586-bulletin-69-gluten-free-prescribing> Accessed 19th August 2016.

Acknowledgements:

Medicines Management Team, Heywood, Middleton and Rochdale Clinical Commissioning Group.

Medicines Management Team, North Norfolk Clinical Commissioning Group.