

# Occupational Medicine Challenges in Southern Africa

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OFFICES IN 130 LOCATIONS  
GLOBALLY

STAFF FROM 170 COUNTRIES

**OUR MISSION:**  
**TO END EXTREME POVERTY**  
**TO PROMOTE SHARED**  
**PROSPERITY**

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## The World Bank Group's Response to the COVID-19 (coronavirus) Pandemic



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# COVID-19 and Duty of Care

## Mental Health and Care Access

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**Between May - October 2020:**

- MEDEVACS were completed from 24 different countries**
- MEDEVACS were completed from 13 different UN entities**
- 52% of MEDEVACS were from Africa**
- 38% of MEDEVACS were from Asia**

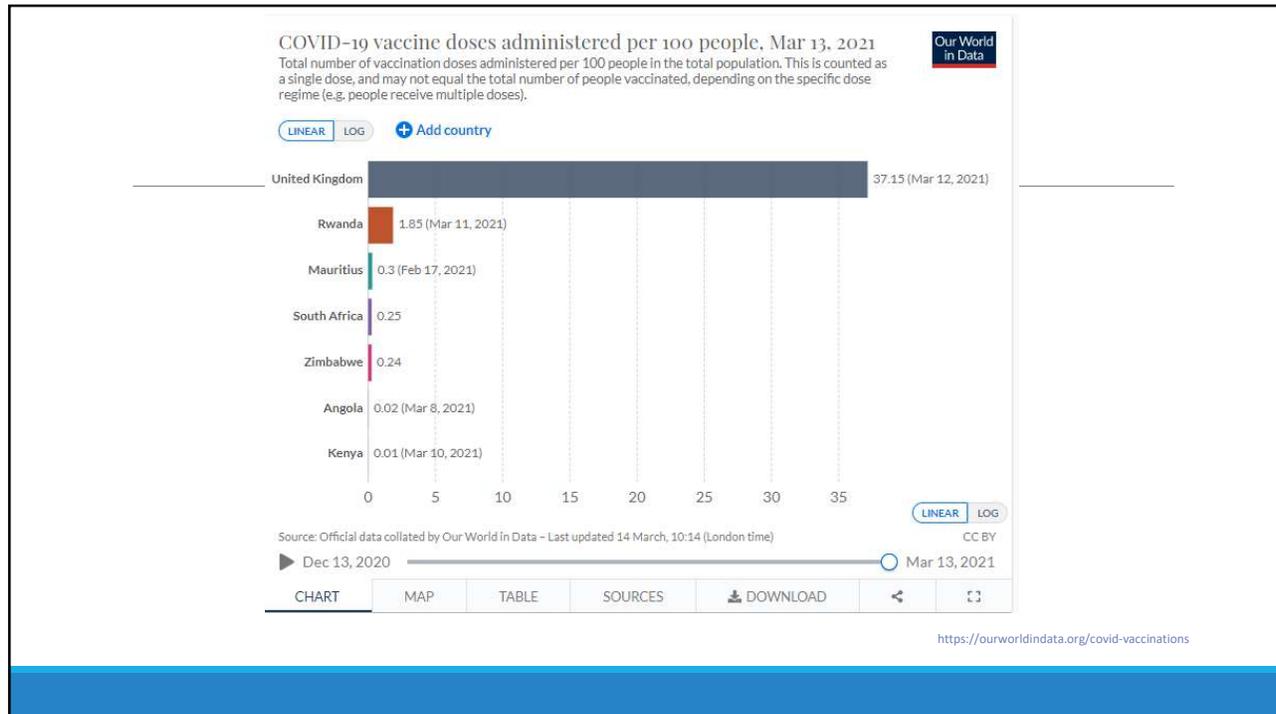
<https://www.un.org/en/coronavirus/covid-19-medevac>

### FIRST LINE OF DEFENCE

IOM is a key partner in the United Nations' network of clinics to ensure that eligible UN staff and their dependents have access to reliable and quality health services in dedicated duty stations.

In this time of unprecedented need, and against the backdrop of a global public health emergency, access to health care for UN staff is key in ensuring that the UN can continue to deliver in line with its mandate.

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## Expatriates and Mental Health Concerns

Living "overseas" increased risk of stress and psychosocial disorders

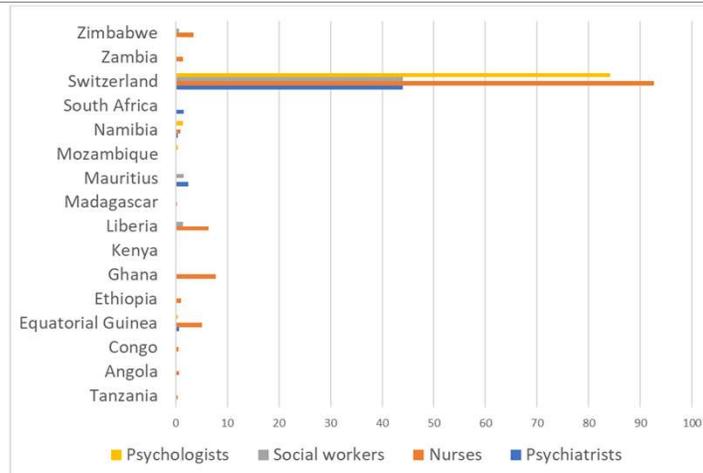
- adjustment disorders
- depression and anxiety
- substance use
- job and relationship dissatisfaction
- rates are higher when there is a significant cultural difference
- separation from extended family

Cultural Competence in location



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## WHO Mental Health Care Workers / 100 000 population



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## COVID-19 and Mental Health Concerns

COVID 19 has disrupted / halted mental health services in 93% of countries

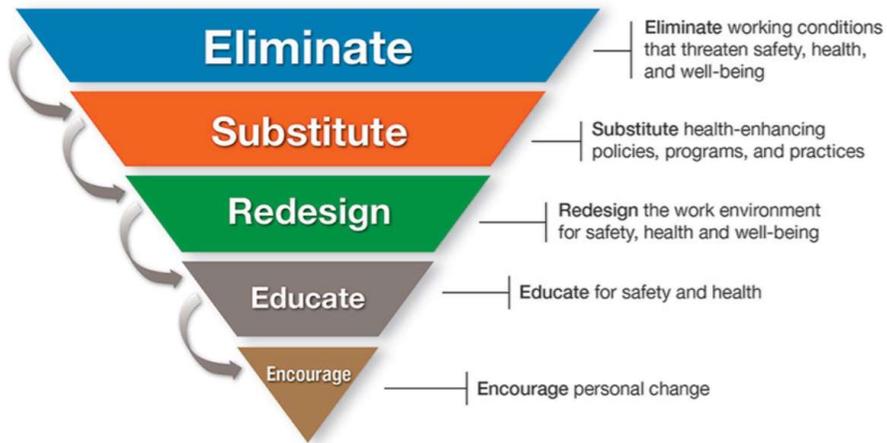
( WHO survey 130 countries)

Depression rates in US increased to 27.8%

Substance Use

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## Hierarchy of Control Mental Health



<https://www.flourishdx.com/blog/how-to-create-a-psychologically-healthy-and-safe-workplace/>

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